

BHRT Checklist For Women

Name: _____

Date: _____

E-Mail: _____

Symptom (please check mark)	Never	Mild	Moderate	Severe
Depressive mood				
Fatigue				
Memory Loss				
Mental confusion				
Decreased sex drive/libido				
Sleep problems				
Mood changes/Irritability				
Tension				
Migraine/severe headaches				
Difficult to climax sexually				
Bloating				
Weight gain				
Breast tenderness				
Vaginal dryness				
Hot flashes				
Night sweats				
Dry and Wrinkled Skin				
Hair is Falling Out				
Cold all the time				
Swelling all over the body				
Joint pain				
Family History				

NO

YES

Heart Disease

Diabetes

Osteoporosis

Alzheimer's Disease

Breast Cancer

IF you answered moderate to high to most symptoms you are most likely experiencing hormone imbalance. Feel free to bring your answers into your initial consultation with Dr. Loomis and she will help guide the therapy that's right for you! [Schedule a consultation.](#)