

BHRT Checklist For Men

Name: _____ Date: _____

E-Mail: _____

Symptom <i>(please check mark)</i>	Never	Mild	Moderate	Severe
Decline in general well being				
Fatigue				
Joint pain/muscle ache				
Excessive sweating				
Sleep problems				
Increased need for sleep				
Irritability				
Anxiety				
Depressed mood				
Exhaustion/lacking vitality				
Declining Focus/Concentration				
Feeling you have passed your peak				
Decreased muscle strength				
Weight Gain/Belly Fat/Inability to Lose Weight				
Breast Development				
Headaches				
Decreased desire/libido				
Decreased morning erections				
Decreased ability to perform sexually				
Infrequent or Absent Ejaculations				

Family History

	NO	YES
Heart Disease		
Diabetes		
Osteoporosis		
Alzheimer's Disease		

IF you answered moderate to high to most symptoms you are most likely experiencing hormone imbalance. Feel free to bring your answers into your initial consultation with Dr. Loomis and she will help guide the therapy that's right for you! [Schedule a consultation.](#)